

AMEN CLINICS PRESENTS
A Special Two Day Event with 8 Weekly Follow Up Sessions

CHANGE YOUR BRAIN, CHANGE YOUR BODY



Featuring "The Omni Diet"
Lose Weight, Reverse Illness and
Get Thinner, Smarter and Happier

DANIEL G. AMEN, MD
TANA K. AMEN, BSN, RN

SEPTEMBER 15TH & 16TH 9AM TO 6PM

CONTINUING WEDNESDAYS FROM 5:30 - 7:00PM PST, ENDING NOVEMBER 7, 2012
AT AMEN CLINICS, NEWPORT BEACH, CA AND AVAILABLE ONLINE

IN THIS COURSE YOU WILL LEARN:

- ◆ 12 steps to getting thinner, smarter, happier, and look and feel younger
- ◆ How food and the right habits can alter your genetic destiny
- ◆ 5 types of overeaters
- ◆ How to get control of your thoughts and behavior
- ◆ Natural ways to overcome anxiety, depression, and food addictions
- ◆ Many practical tips and tools to make this program easy to implement
- ◆ How to influence others and create brain healthy families

COST: \$200 PER PERSON

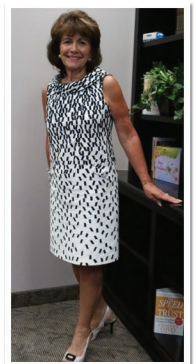
Call (949) 266-3744 or email Jeana Maiocchi at jmaocchi@amenclinic.com for more information.



Marianne



Before



After

A SPECIAL INTENSIVE 2 DAY EVENT WITH 8 WEEK FOLLOW UP SESSIONS TO CHANGE YOUR BRAIN AND BODY

For more than 20 years, our work at Amen Clinics has been to study and enhance brain function. We've made tremendous strides helping people have better brains so they can lead smarter, happier, thinner, more vibrant lives.

In this special intensive 2 day event, plus 8 weekly follow up sessions to anchor your new habits, Dr. and Mrs. Amen will walk you through the steps of their joint program to have a better brain and a better body.

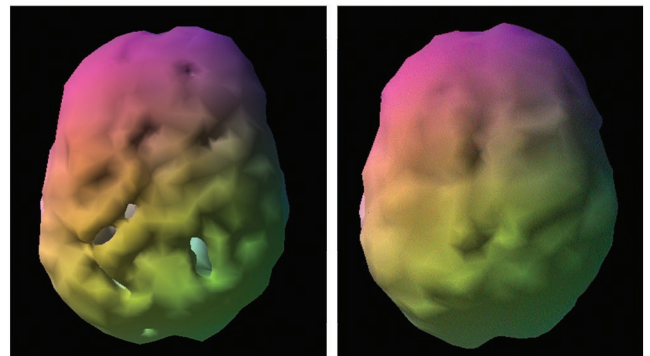
Change Your Brain, Change Your Body has helped hundreds of thousands of people across North America.

Marianne lost 60 pounds over a year and now has a fast acting brain with the wisdom of age. Her daughter, who was 140 pounds overweight, saw her mother's progress and then used the program to lose her excess weight and get healthy.

Carlos lost 50 pounds in 30 weeks, then his wife and daughter took the program to get healthy.

Steve lost an unbelievable 400 pounds over 2 years, using the principles in this course.

Carlos SPECT Scans



Before

After

The Omni Diet, nurse and health coach, Tana Amen's new program, has been a great success. The average weight loss in her first class for people who wanted to lose weight was 15 pounds over 10 weeks. But the people who took it also gained many other health benefits, as did their families.

Mari was able to control her eating disorder, lost 17 pounds, and boosted her energy. She had had years of therapy, but never learned how nutrition affected her mind and body.

Jeana lost 38 pounds as well as her rosacea, irritable bowel symptoms, and back pain.

Annette lost 36 pounds and quit taking Advil after 4 days for chronic joint pain.

Jeanine lost 15 pounds and her fibromyalgia.

Join us for this life changing event. Cost: \$200 per person.

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